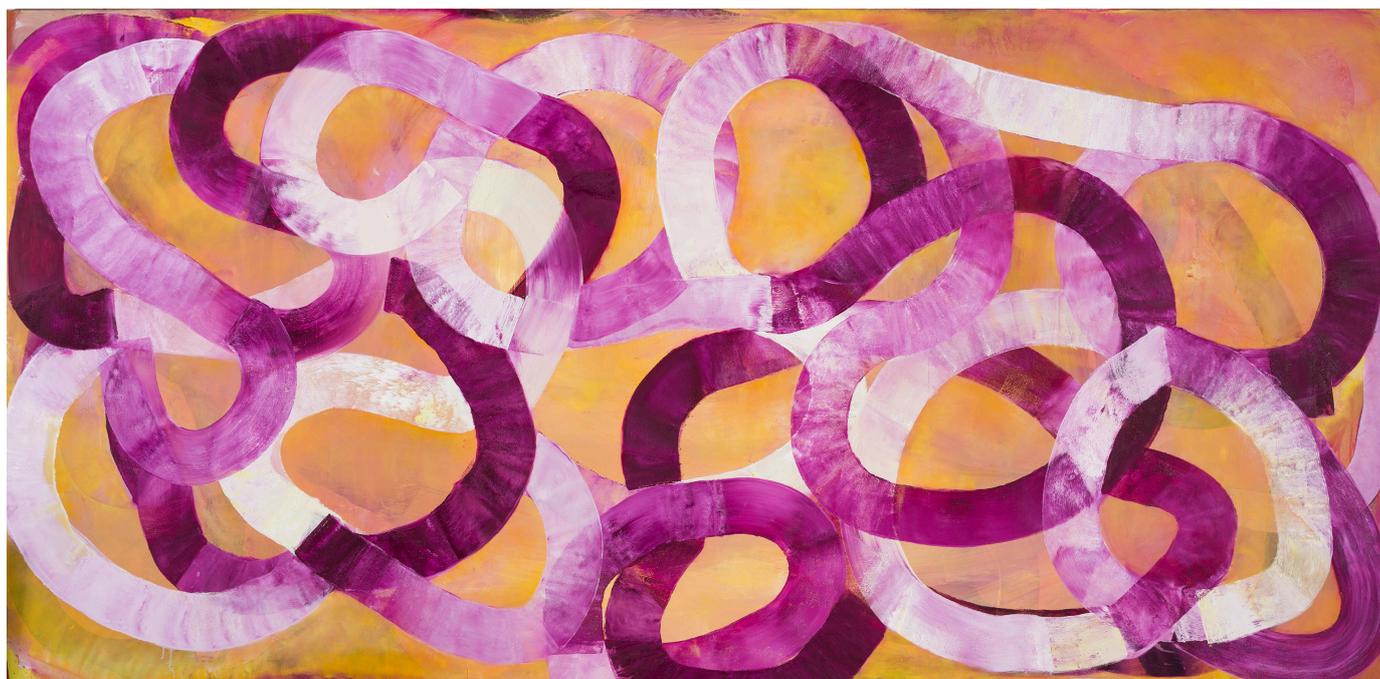


ARTS HEALTH ACTIVITY

**Be inspired by Ildiko Kovacs'
Wheels in Motion from Maitland
Regional Art Gallery's collection.**



Ildiko Kovacs, *Wheels in motion*, 2019. Oil paint on board 180 x 366 cm

Ildiko Kovacs is a prominent Australian abstract artist whose work celebrates and investigates colour and line. Her works are dynamic and suggest movement and flow.

This art making activity promotes observation and mindfulness whilst having fun and using creativity and imagination.

There is a workshop video that accompanies this activity sheet but it can also be used without the video.



Have a good look at the artwork

What is one word you would use to describe this artwork?

What do you like about it? What don't you like about it?

How many different colours can you see in the artwork? Does one colour stand out to you the most?

If this artwork were music, what would it sound like?

What kind of mood do you think the artist was in when she made this artwork?

Let's Get Creative

What you will need for this art making activity:

Ink or Food Colouring

Paper

String

Water

Water containers

Gloves (optional)

1



Step 1.

- Gather your materials, you might like to wear some rubber gloves for this activity if you would like to keep your hands clean.
- Make sure the space you are working in is clear and perhaps put some paper down so that you are able to make a bit of a mess.



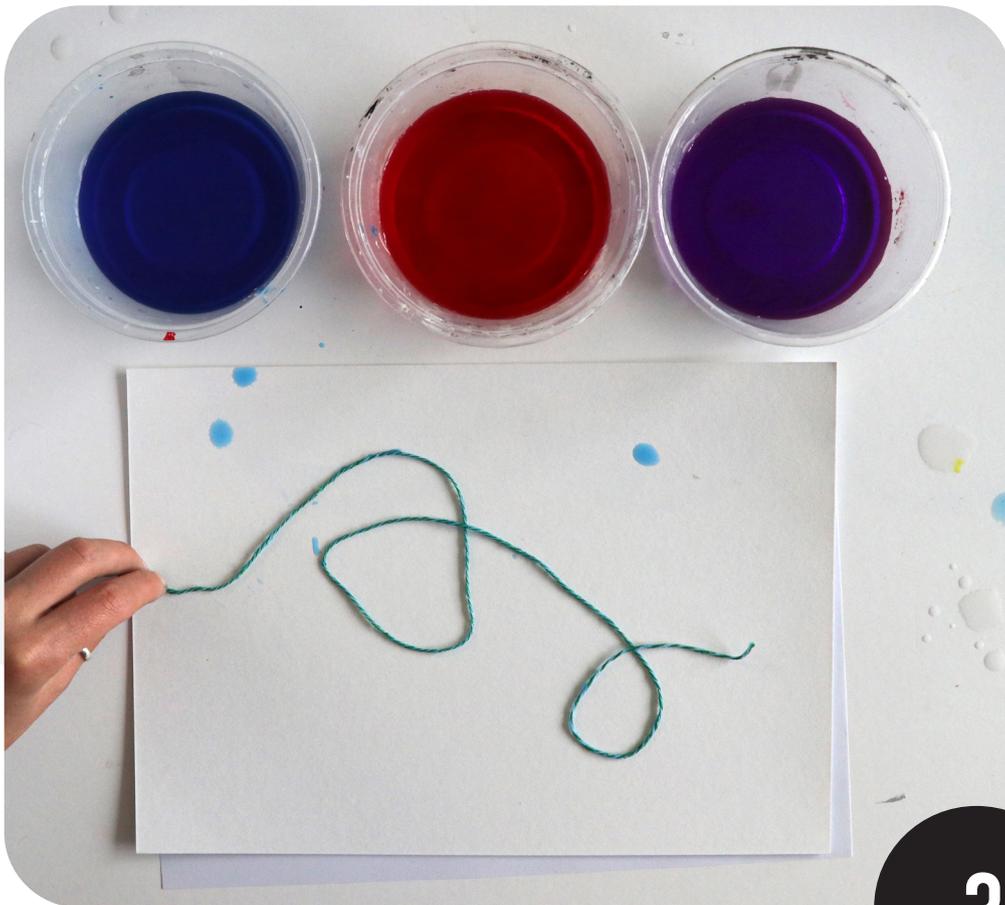
2

Step 2.

- Pour some ink or food colouring into a medium sized bowl.
- Add a small amount of water.

Step 3.

- Place a length of string into one of the containers.
- Once soaked, gently place the string onto a sheet of paper, allowing it to loop into interesting shapes as you lay it down.



3

4



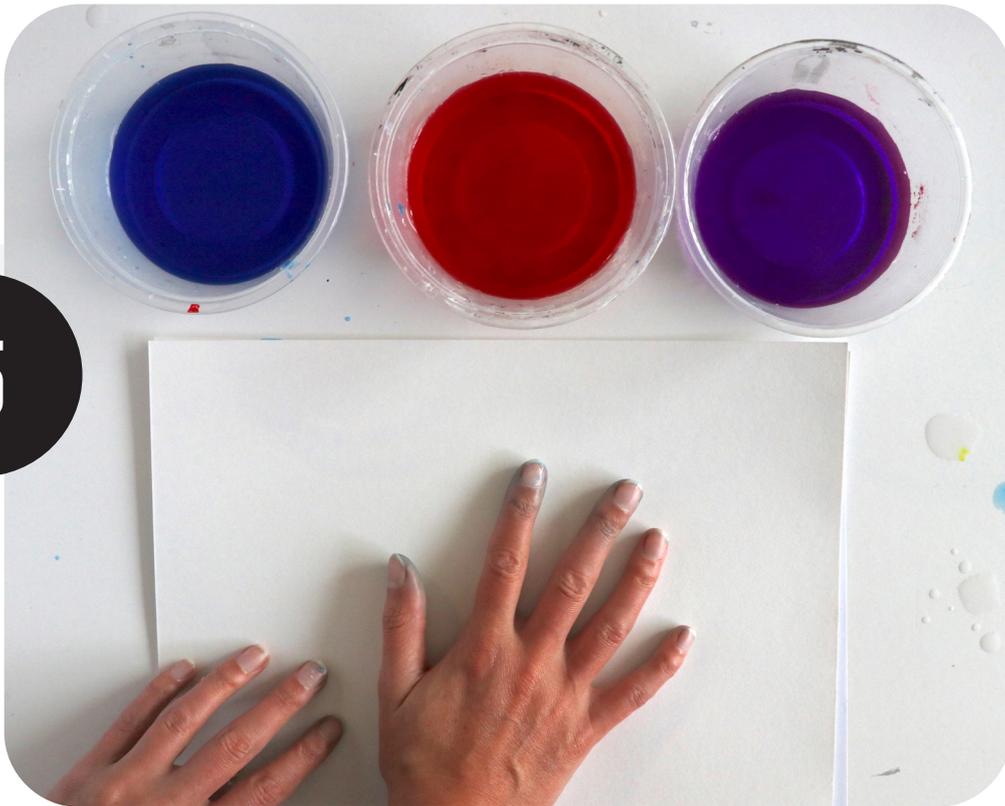
Step 4.

- Place your second piece of paper over the string and gently rub over the surface with the palm of your hand.

Step 5.

- Gently lift off the paper and remove the string to reveal a looping line printed on both sheets.
- Continue to create new lines by dipping the string into different colours and repeating these steps.

5



Reflection

Take some time to have a good look at your artwork once you feel it's complete. You might like to reflect on some of the following questions:

Is there a section of the artwork that you like best?

Do any of the colours change where the lines overlap one another?

What title will you give your art work?



Extension Activity

Once your artwork is dry, trace around the loopy lines you have created with a finger or a coloured pencil.

You might like to colour in the negative spaces with different colours.