ARTS HEALTH ACTIVITY

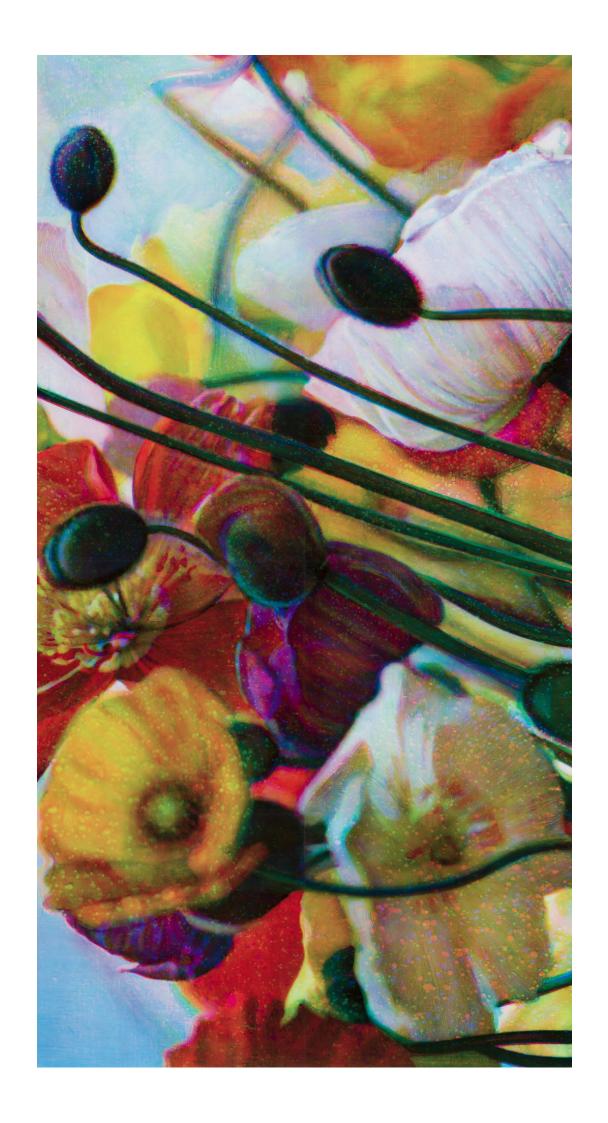
Create a colourful print using fresh flowers, taking inspiration from Timothy Maguire's *Everything*Changes II, 2012 from the Maitland Regional Art Gallery Collection.



Timothy Maguire, Everything changes II, 2012. Pigment print on 8 aluminium panels, 180 x 340cm (8 x panels 90 x 85cm each)



This art making activity promotes experimentation with materials, creativity and play. The activity is designed to be used with an accompanying video or on its own.



Maguire's practice of experimenting between the worlds of painting and digital printmaking use traditional process of colour separation, while embracing a painterly play of light.

"Poppies are fantastically translucent, vehicles for light. That's why I was so interested ... the way the light fell on them and shone through them. The petals are skins of light." Timothy Maguire

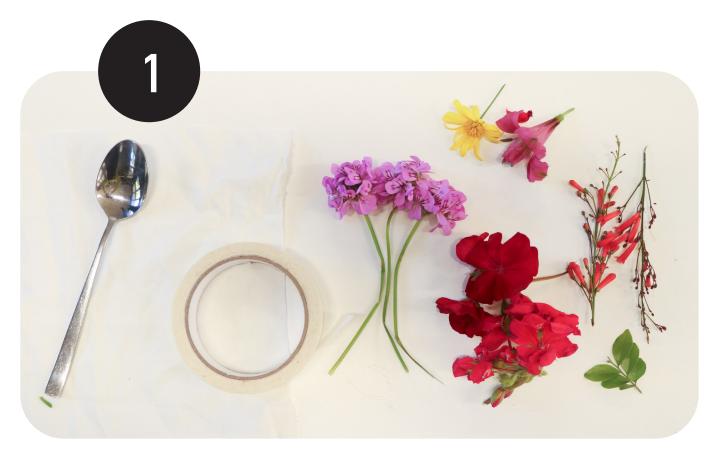
You might like to think about and discuss the following questions. Please keep in mind there are no right or wrong answers and feel encouraged to come up with some imaginative responses.

- The size of this art work makes the poppies larger than life – How do you think it would feel to be inside the artwork, wondering around poppies this size?
- The artist has selected poppies for the subject of this art work because of their translucent petals and the way that light passes through them. What is your favourite flower and why? Is it the smell, or the colour or the shape?
- What does this artwork make you think of? How would you describe it?
- Do you think these poppies are in a field? A vase?
- Do you like the artwork? Why / why not?

Let's Get Creative

What you will need for this art making activity:

- Some fresh flowers or petals! These can be pansies, rose petals, colourful daisies, marigolds, nasturtiums, and flowers that have flat petals flat and have some colour.
- Fabric cotton is best, but you could try this out on an old tea towel, pillow case or even an item of clothing
- Masking Tape
- A spoon.



Step 1.

Gather your materials and make sure you have a nice clear space to work in.



Step 2.

Place a small piece of masking tape in the corner of your fabric, write F for front on it, so you know which will be your front and which will be your back.

Step 3.

Choose a flower or petal to start with and place it down on your fabric. Then using the masking tape, cover the entire back of the flower so that you can no longer see it.







Step 4.

Turn your fabric over and taking your spoon, begin to rub the spot where you have taped your flower. You will need to rub with a little force, and the colour from the flower will start to seep through into the fabric.

Step 5.

Continue to rub until the shape of the flower shows through.

You can then turn the fabric back over and remove the tape and the flower to reveal your first print!



Step 6.

Continue this process with another flower, making sure that you tape it to the front of your fabric. Tape – Flip – Rub – Flip – Remove.







Reflection

Take some time to have a good look at your artwork once you feel it's complete. You might like to reflect on some of the following questions:

- What title will you give your artwork?
- Did you enjoy creating this piece of artwork?
- Does your artwork smell nice?
- Did some flowers work better than others?
- Which flowers kept their shape?
- Did any of the colours that came out of the flowers surprise you?
- Can you match the flower with the print?







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